

WALKING LIKE JESUS

Facing Temptation – Heidi Summersby

<https://www.walsallcommunitychurch.org/sunday-mornings/listen-online/>

1. Read: Luke 4: 1-13

In this passage we see Jesus getting tempted concerning:

- Having his needs met
- Where he gives his heart
- Who he thinks God is

1. Which of these do you think is the most pressing issue for you?
2. How does God's Word help us when we are struggling with temptation?
3. Who has first place with our time and attention?
4. How does time spent with the Father help us when we are struggling with temptation?

2. Heidi listed temptations to:

- Steal
- Lie
- Cheat
- Gossip
- Use Foul language
- Talk in ways that are wrong
- Be unfaithful,
- Be sexually impure,
- View pornography
- Slander
- Gamble,
- Get drunk,
- Get high,
- Think negative thoughts about ourselves
- Think negative thoughts about ourselves

1. Why do you think we view some of these as worse than others?
2. How do you think God sees them?

3. Read 1 Corinthians 10:13 & 1 John 1:8

We are all tempted in different ways and giving in to temptation makes us ineffective

But we will be tempted at the point where we are weak

1. When you struggle, who do you tell?
2. When you repent how do you not turn back?

4. In appropriate groups, confess the sins that have come to the surface and find ways of being accountable

As an example of what holiness can look like, here are the questions that John Wesley's accountability group asked themselves each time they met

1. What known sins have you committed since our last meeting?
2. What temptations have you met with?
3. How were you delivered from those temptations?
4. What have you thought, said, or done, which you're not sure is a sin or not?
5. Have you anything you desire to keep secret?